

Testimonials from Better Marriages Members

Always listening but never communicating - we believed in mind-reading! When the mind-reading thing didn't work out after years of diligent practice, our Communication Skills Training with Better Marriages was a real revelation. We learned the skill of reflective listening with the maxim that each of us was the expert on our own feelings. We found we could decrease the volume of stress and feel much more intimate with each other when we had shared our honest emotions. XX & XY

A great benefit of our experience with Better Marriages is the storehouse of reserve commitment to each other. We have each other to count on as we experience the good and not so good times. The mutual commitment, love and support we have discovered in the other has been a god send. B & T

My husband and I had a good marriage before we came to Better Marriages. However, we knew it could be better. We wanted to connect on a deeper level but we didn't know how. We didn't have the tools. Through Better Marriages the way we communicate, resolve conflict and celebrate our marriage has been transforming. Now, we *consciously* care for our marriage. Better Marriages showed us a way of being a couple that is evident in every area of our relationship - emotionally, physically and spiritually. signed: L & K

We are a second marriage couple. Because we are a blended family, many issues have taken us on roller coaster rides over the years. The dialogue process we learned from Better Marriages has markedly helped us focus on each others perspectives while meeting our own needs. The ride is much smoother now. D & J

We benefitted so much from Better Marriages that we decided to take Leadership Training. It enriched our connection to each other in surprising ways. The benefits of facilitating various events, as a team, has energized us as we witness other couples' communication growth and deepening love. B & A